

ACTIVITY PACKET

Created in Partnership with Disney's
Animals, Science and Environment



Disney · PIXAR

INCREIBLES 2

JUNE 15

Disney · PIXAR



INCREDIBLES 2

In "Incredibles 2," Helen (voice of Holly Hunter) is called on to lead a campaign to bring Supers back, while Bob (voice of Craig T. Nelson) navigates the day-to-day heroics of "normal" life at home with Violet (voice of Sarah Vowell), Dash (voice of Huck Milner) and baby Jack-Jack—whose superpowers are about to be discovered. Their mission is derailed, however, when a new villain emerges with a brilliant and dangerous plot that threatens everything. But the Parrs don't shy away from a challenge, especially with Frozone (voice of Samuel L. Jackson) by their side. That's what makes this family so Incredible.

Written and directed by Brad Bird ("Iron Giant," "The Incredibles," "Ratatouille") and produced by John Walker ("The Incredibles," "Tomorrowland") and Nicole Grindle ("Sanjay's Super Team" short, "Toy Story 3" associate producer), Disney-Pixar's "Incredibles 2" busts into theaters on June 15, 2018.

PIXAR DISNEY PRESENTS A PIXAR ANIMATION STUDIOS FILM "INCREDIBLES 2" ORIGINAL SCORE BY MICHAEL GIACCHINO
EXECUTIVE PRODUCER JOHN LASSETER PRODUCED BY JOHN WALKER, p.g.a. NICOLE PARADIS GRINDLE, p.g.a. WRITTEN & DIRECTED BY BRAD BIRD

CONTENTS:

FIND YOUR INCREDIBLES ... 6	SUPER SMART FASHION 10
ELASTIC ENERGY 8	SMALL ACTIONS BIG HEROES .. 12
	DASH LIKE DASH 14

Acknowledgements:

Disney's Animals, Science and Environment would like to take this opportunity to thank the amazing teams that came together to develop the "Incredibles 2" Activity Packet. It was created with great care, collaboration and the talent and hard work of many incredible individuals. A special thank you to Dr. Mark Penning for his ongoing support in developing engaging educational materials that connect families with nature. These materials would not have happened without the diligence and dedication of Kyle Huetter who worked side by side with the filmmakers and educators to help create these compelling activities and authored the unique writing found throughout each page. A big thank you to Hannah O'Malley, Karlyn Marcy and Elyssa Finkelstein

whose creative thinking and artistry developed games and crafts into a world of outdoor exploration for the superhero in all of us. Special thanks to director Brad Bird and producers John Walker and Nicole Grindle, for creating such an amazing story that inspired the activities found within this packet. Lastly, thank you to Paul Baribault, Peggie Birkenhagen and Beatriz Ayala at The Walt Disney Studios for their help and unwavering support of this project.

Allyson Atkins
Education Line of Business Manager,
Disney's Animals, Science and Environment



©2018 Disney/Pixar

WHAT DOES IT TAKE TO BE SUPER?

Certainly, anyone who has aspired towards greatness has asked themselves this very question. Whether seeking success in school, a career or the desire to help others in their community, individuals have looked for the qualities needed to be incredible.

However, the answer might not be found within the powers or gadgets of our favorite Supers alone. Increased strength, speed and flexibility are surely valuable, especially when fighting a supervillain plotting to take over the world. But in order to be truly heroic, an individual must first be willing to make the brave choice to take action. That first step needs no extraordinary ability. No power of flight or control of ice and fire. It only requires an individual to make a choice, to decide they will try to make the world a better place.

Discover how you can be incredible for the planet and others around you by stepping inside the world of our favorite family of Supers, the Incredibles. Within the "Incredibles 2" Activity Packet you'll uncover the amazing traits you already possess and use your skills and creativity to find simple ways to be super every day. Design, solve and play; the challenges are all ahead.



Don't miss
Disney·Pixar's
"Incredibles 2"
in theaters
JUNE 15.

Disney·PIXAR
INCREDIBLES 2

MEET THE SUPERS
CONFIDENTIAL

WHO ARE THEY?



BOB PARR

Bob Parr (voice of Craig T. Nelson) cherishes his days as Mr. Incredible—a popular Super with mega-strength and the power to singlehandedly take out the bad guys. Ever since Supers were outlawed, Bob's been mostly lying low, raising the family alongside his wife Helen. But when she's called on to stretch her super skills and hopefully change the public perception of Supers for the better, Bob must manage the household on his own, which calls for a completely different set of super powers.



HELEN PARR

Helen Parr (voice of Holly Hunter), known in the Super world as Elastigirl, hung up her supersuit to raise the family with husband Bob, leaving their crime-fighting days behind them. But when she's tapped to lead a campaign to bring the Supers back into the spotlight, she finds she can still bend, stretch and twist herself into any shape needed to solve the trickiest of mysteries. In short, she's still got it. That's good news, too, because a new villain is emerging—unlike any they've ever seen before.



VIOLET PARR

Violet Parr (voice of Sarah Vowell), the firstborn of the Parr clan, is an introverted and intelligent 14-year-old teen that doesn't quite fit in with the normal crowd. Socially awkward, outspoken and sarcastic, Violet plays her teenager role to perfection—all while secretly mastering her super powers of invisibility and creating force fields. A Super at heart, Violet can't help her urge to fight crime alongside her family.



DASHIELL PARR

Dashiell Parr (voice of Huckleberry "Huck" Milner) is a 10-year-old boy—restless, relentless, curious—with the remarkable power of super speed. Dash sports a hearty sense of adventure and a boundless supply of energy. He'd love nothing more than to show off his special skills and fight a few bad guys along the way—and doesn't understand why he has to keep his powers a secret.



JACK-JACK PARR

Jack-Jack Parr, the baby of the family, likes to sit back with a bottle and a good story. Well-versed in gibberish with a penchant for throwing food, Jack-Jack seems like a typical toddler, but he just might turn out to be the most powerful Parr in the household.



↑
RECRUIT
ELASTIGIRL



LUCIUS BEST

Lucius Best (voice of Samuel L. Jackson) is not only Bob's best friend, he's a fellow-former Super who's so chill, he can make ice with the point of a finger. But even when he's not fighting crime as Frozone, Lucius is all about style. He has a quick wit and a cool, can-do attitude—and he wouldn't think twice about breaking out his supersuit if it could help bring Supers out of hiding.

The follow closely for unusual.
Mr. Incred Elastigirl Dash Parr

Disney·PIXAR
INCREDIBLES 2

FIND YOUR INCREDIBLES

Protectors big and small can be found right in your community!

Chasing after danger and using super powers make the Parr family unlike most others around. Mom, Dad and all of the kids have their own unique abilities that allow them to protect each other and the world.

Behind the super strength, speed and stretching, the Incredibles have to balance their family roles with fighting crime. Whether staying home to navigate the day-to-day routine or chasing after a runaway hover train, life is full of challenges that are often best completed when working together as a family.

You and your family may not have the same abilities as Bob, Helen, Violet, Dash or Jack-Jack, but that does not make you any less heroic. In fact, even without powers, heroes can be found all around us. Take a step outside and look closely. Protectors big and small can be found right in your community and can be seen if you take the time to look for and appreciate them. From fluttering butterflies whose pollination help us grow food, to strong trees that provide fresh air and our teachers who provide us with lessons of knowledge, life on earth is full of heroes playing roles that inspire hope and optimism for tomorrow.



Perhaps the heroes in your own life have unique powers and roles just like the Incredibles. Head to the next page where the Parr family might just inspire you to reflect on your community and the support you receive each day.

WHO ARE YOUR HEROES?

Write down the heroes you know that match the abilities of the Parr family.

Spend time outdoors observing the living things that make our world incredible. It may be a plant, animal or even a person in your community like a teacher or park ranger.

Write down the heroes you find that match the abilities of the Parr family in the spaces below. Perhaps your local park makes you feel safe, similar to Violet protecting her family in a force field, or your teacher at school can change a bad day to a good one by being flexible when faced with a challenge like Elastigirl. Once you've found an example for each power, describe your own strength on the lines provided.

MR. INCREDIBLE
STRENGTH



ELASTIGIRL
FLEXIBILITY



VIOLET
PROTECTION



DASH
SPEED



JACK-JACK
ADAPTABILITY



MY SUPER POWERS

Now that you've created a community map of the incredible heroes around you, use your own strength to help inspire others to make a positive difference every single day.

ELASTIC ENERGY

When Helen Parr, also known as Elastigirl, is called upon for a new mission, she finds herself with quite a few upgrades: a new suit with updated colors and a shiny Elasticycle parked in the garage ready for her use.

As soon as she revs up the engine and the digital display turns on, Elastigirl knows she's riding a super-charged bike, one built for the future and powered by electricity. Zooming through the streets, pursuing a runaway train on her first mission, Elastigirl's new vehicle never lets her down. Not only does it handle tight corners, but it also has a few tricks of its own.

You may have seen or even ridden in an electric vehicle yourself. As transportation technologies become more advanced and affordable, they will help ensure our planet has clean air for generations to come. In fact, we may even see the rise of vehicles powered only by renewable energy, whether that's solar, wind or hydropower. The future is what we make it, so start thinking big!

Hop into your own creative lab and experiment with unique super vehicles of your own. You can follow the directions on the next page or design something new from your imagination. Once you've built and decorated your "Incred-ible," it's time to give it a test drive! Have fun and keep building. You could even design a vehicle that flies or floats.

SUPPLIES

Ask an adult for help and gather these supplies, then get started building an Elasti-car!

- Scissors
- Thick cardboard cut in a rectangle approx. 6.5" x 7.5"
- Two paper straws approx. 7" long
- Two wooden skewers
- Four CDs for wheels
- Sponge cut into four 1" squares
- Paper clip
- Rubber bands
- Tape
- Flat surface
- Strong adhesive, like hot glue or super glue

CONSTRUCT AN ELASTI-CAR!

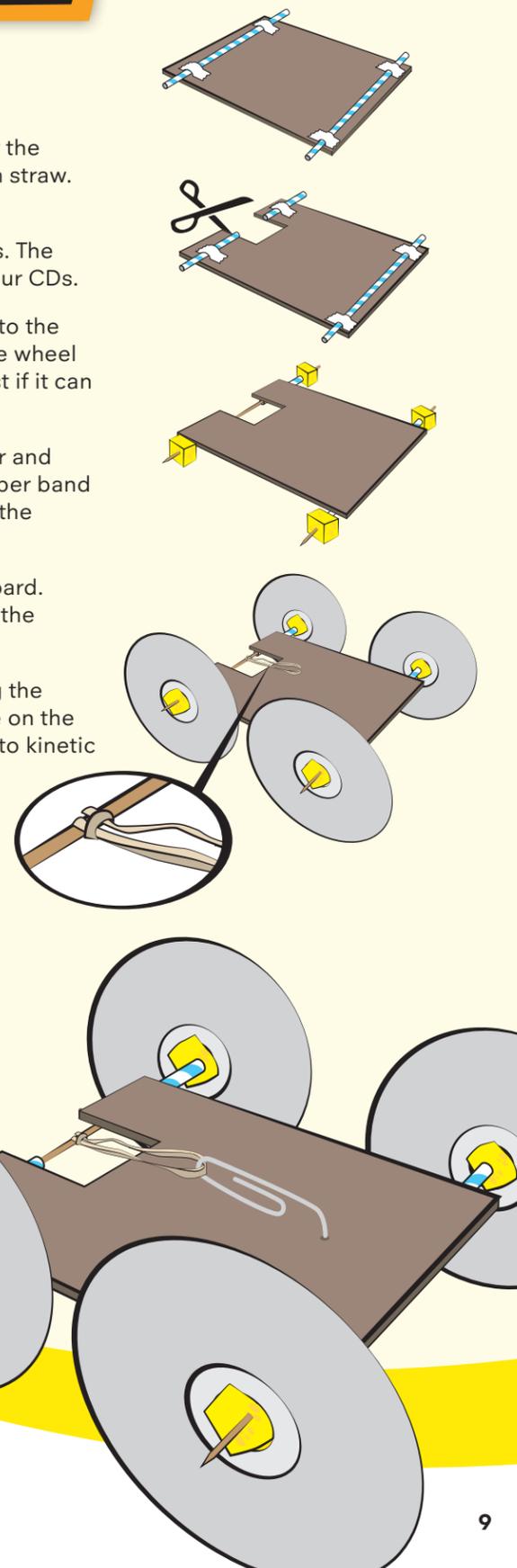
Can you build a car that runs only on the kinetic energy from a rubberband?

- 1** Tape or glue the two straws across the width of your cardboard. This will be the underside of your car.
- 2** Cut a square notch in the cardboard on one end so that you cut out the center segment of one straw. Insert a wooden skewer through each straw. These will be the car's axles.
- 3** Carefully press the squares of sponge onto the ends of the skewers. The squares should be slightly bigger than the holes in the middle of your CDs.
- 4** Attach your CD wheels to the axles by stuffing a piece of sponge into the hole in the middle of the wheel. Then, use tape or glue to secure the wheel to the sponge and axle. Repeat for each wheel. Push your car to test if it can roll smoothly. Make adjustments if necessary.
- 5** Loop a rubber band around the exposed part of the wooden skewer and then through itself so that it is attached to the skewer. Tape the rubber band to the skewer to prevent it from slipping. When the skewer rotates, the rubber band should rotate with it.
- 6** Bend the paper clip open and push the pointed end into the cardboard. Hook the free end of the rubber band onto the other curved end of the paper clip.
- 7** Wind up the wooden skewer to stretch the rubber band by spinning the skewer. This creates potential energy. Make sure all four wheels are on the ground and release the axle. Your potential energy will transform into kinetic energy and propel your car forward. How far does it go?

If your car didn't go as fast or as far as you'd like, here are some tips for adjustments you can try:

- Wind the rubber band tighter and try again. You can also try changing the location of where the paper clip is stuck in the cardboard to adjust the rubber band's tightness.
- Add more tape or adhesive to any loose parts.
- Try a new surface to increase or decrease friction.

Now that you've perfected your model, invite your friends to build their own self-propelling cars and challenge them to a race. The possibilities are endless with renewable energy!



SUPER SMART FASHION

Iconic, unique, imaginative. These are just a few of the ways to describe the one and only Edna Mode. She is like no other designer, creating one-of-a-kind fashions that are as Super as the heroes wearing them.

Edna is the visionary who invented the nuclear onesie and rocket stilettos while defiantly saying no to capes. Although she would say her creativity is fashion-forward, Edna's out-of-the-box thinking is truly rooted in science and technology.



To design a perfect suit for each Super, Edna must first study and observe how their powers interact with the world around them. Cutting-edge micro-fibers and materials are then combined to work in balance with a Super's ability. After rounds of trial and testing, a solution is found that works best for each hero. To achieve success, Edna must balance biology, chemistry, computer programming and fashion to design the most innovative suits imaginable.

This "smart fashion" is not exclusive for Supers alone. Creative individuals around the world are inventing products that can benefit our lives for decades to come by enhancing shirts, shoes and other items found within our closets. Incredible clothing is now available that can connect to the internet, help athletic performance and even monitor our health. It seems there's no stopping what can be achieved through fashion and a little imagination!

Have you observed a problem or challenge that could be solved with technologically enhanced clothing? Head to the next page to put your design skills to the test.

Disney · PIXAR
INCREDIBLES 2

DESIGN YOUR SUPER SUIT

Showcase your extraordinary design skills by creating a new Super suit.

CHOOSE A SUPER POWER

Choose a special power to design for. Come up with your own or choose from the options below.

X-RAY VISION	STRENGTH	FLEXIBILITY
SUPER SPEED	TIME TRAVEL	HEALING
INVISIBILITY	FLIGHT	MIND READING

DESIGN A SUPER SUIT

Use the mannequin to the right to build a suit that is designed to boost your chosen ability.

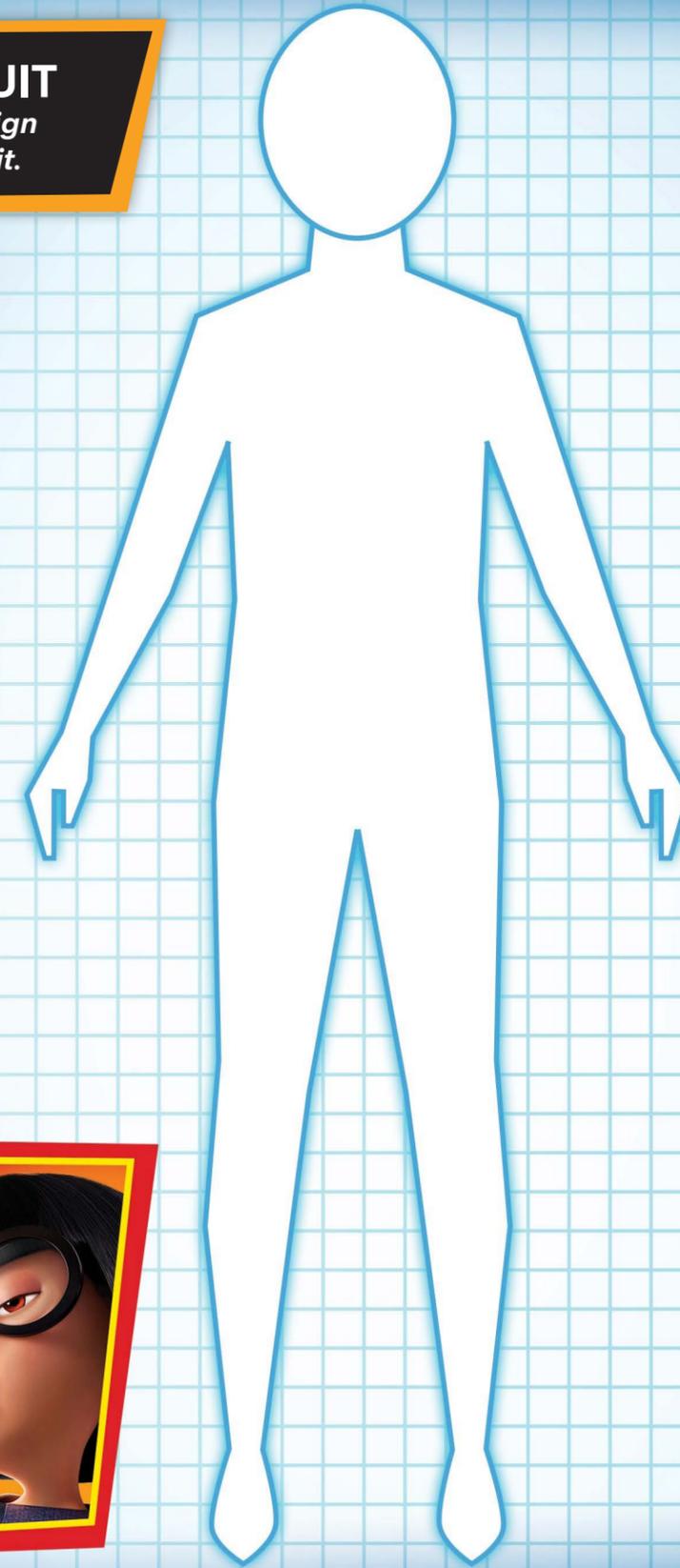
ACCESSORIZE

Add any extra gadgets or wearable technology that will enhance your super powers or help you defend yourself from your arch enemy.

MAKE IT REAL

Now that you are an expert at designing for Supers, put your newfound creativity to the test by designing the newest "smart fashion" from an item in your closet. What problem will you solve and how would you design for it?

There's no stopping what can be achieved through fashion and a little imagination!



Disney · PIXAR
INCREDIBLES 2

SMALL ACTIONS BIG HEROES

Whether chasing after the Underminer or battling Dash's math homework, the Incredibles are constantly facing challenges in their daily lives. However, no problem seems too large or small to handle, especially when taking it on together as a family.

Every day, citizens and heroes take simple actions to protect their cities and even the entire planet. But you don't need to fight crime or a supervillain to save the world. By making the choice to be environmentally conscious in your daily routine, you can be incredible too.

Choosing to make a difference can be as easy as making small changes around your home. You can make a difference in the world by reusing items that are normally tossed into the trash and recycling when you can. Take simple chores, like grocery shopping, and turn them into fun missions to protect the planet. Find alternative ways to travel to the store such as carpooling, biking or walking. All are great options to lessen your impact on the environment. Don't forget to bring your reusable bag to finish your mission successfully.

Although each of these steps seem small, when done together as a community, the impacts can be greater than we imagine. Head to the next page to challenge yourself with other green choices in order to help the Incredibles save the day!

FIND YOUR WAY TO SAVE THE DAY!

The Incredibles need your help! Complete the maze to join up with the Parr family and save the city.

When you reach an image in the maze, find the corresponding icon below and decide which action is the better choice for the environment. Then, use the arrows to find your way to the next icon until you've reached the center of the maze to take on Screenslaver.



GO THIS WAY Purchase a bottle of water.



GO THAT WAY Refill a reusable water bottle.



GO THIS WAY Leave electronics running when not in use.



GO THAT WAY Unplug electronics and charging devices when not in use.



GO THIS WAY Go to a commercial car wash.



GO THAT WAY Wash your car at home.



GO THIS WAY Donate or recycle old electronics.



GO THAT WAY Throw away old electronics.



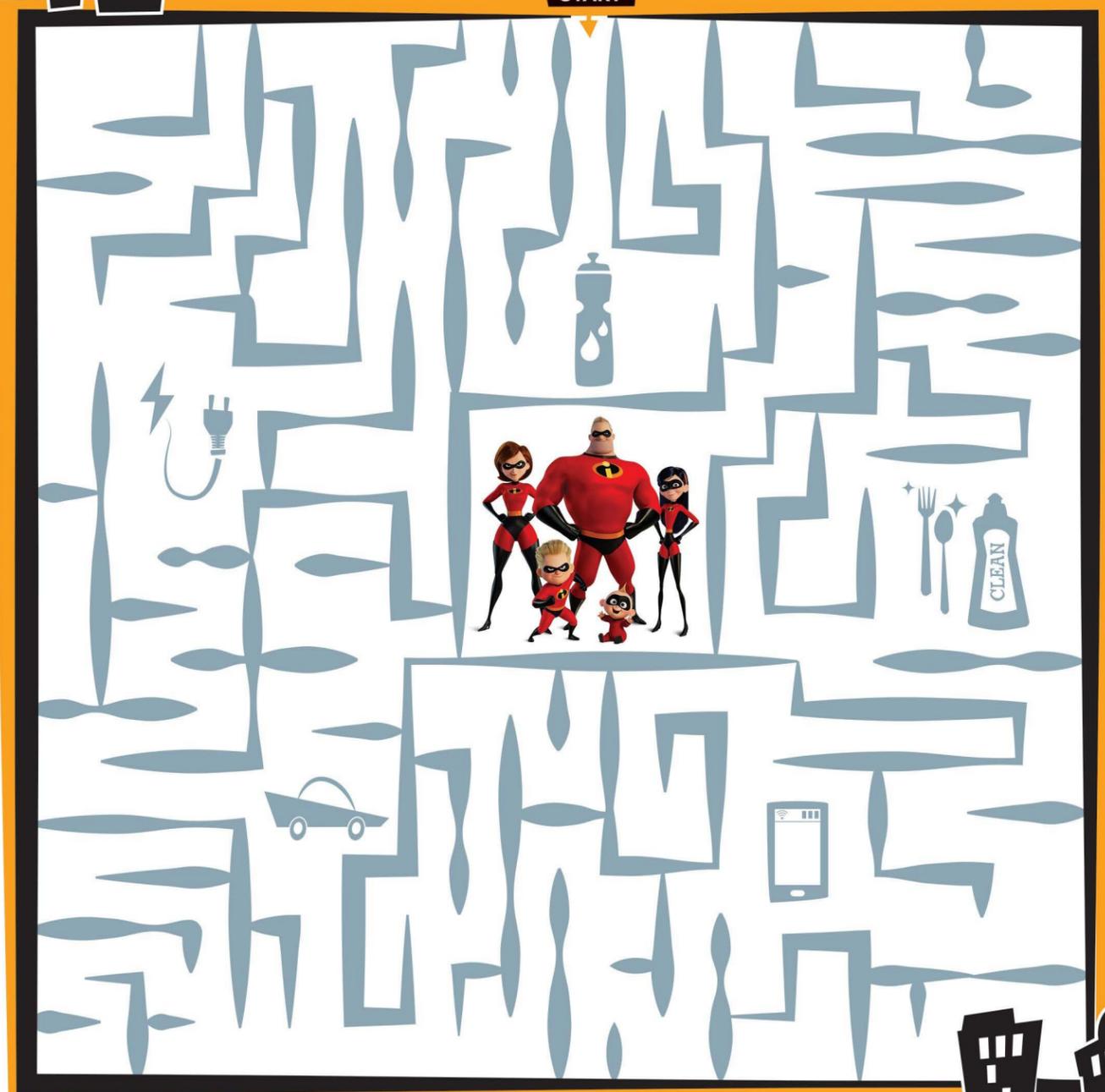
GO THIS WAY Wash a full load of dishes in the dishwasher.



GO THAT WAY Wash dishes by hand.



START



Choosing to run a fully loaded dishwasher will use less water and energy than hand washing dishes with the water running.

Choosing to recycle your electronics can help reduce habitat destruction and the need to mine for new materials.

Choosing to go to a commercial car wash reduces water waste and chemical runoff.

Choosing to unplug appliances and electronic devices when not in use will help reduce your consumption of electricity.

Choosing to refill a reusable water bottle reduces waste.

DASH LIKE DASH

When the Parrs unexpectedly find themselves as guests in one of the ultra-modern homes of Winston Deavor, Dash can hardly contain his excitement to explore these new surroundings, including the backyard that's right next to the forest. Who can blame him?

The outdoors is kind of like one giant jungle gym that inspires the imagination and provides endless opportunities for adventure and exploration. The natural landscape found outside provides places for Dash to climb, hide, run and play, while also allowing him to test out his own powers and agility.

Outdoor play is beneficial to kids of all ages, even those who can't break supersonic speed. For those looking to enhance their physical, academic and social skills, time in nature is the ultimate power booster. Imaginative play—especially outdoors—provides opportunity to apply creative thinking and problem solving, while also promoting physical activity. Nature is the best training ground, allowing us all to develop the abilities needed to be healthier, happier and empowered.

Best of all, you don't have to find a vast forest like Dash in order to benefit from nature. Outdoor play can happen near you, whether at a local park, a schoolyard or even your own backyard. Once you've found your favorite place in nature, go on adventures. Try to spot native wildlife or challenge your skills of physical strength as a Super of your choosing.



MAP AN OBSTACLE COURSE

Head outside to create an obstacle course inspired by Dash's love for a speedy challenge!

- 1 Choose obstacles from the ideas provided or make up your own.
- 2 Map out your course on the grassy patch below.
- 3 Head outdoors to find your materials. You can visit a nearby park or even your own backyard.
- 4 Build it! Use your imagination to create a challenge only the Incredibles could complete.
- 5 Gather your family and friends to see who can complete the course with the fastest time or most unique flair.

NATURE NOTE:

Be **SAFE** when building your course. Make sure you ask an adult for help setting up and completing the challenge.

OBSTACLE IDEAS



Fallen **LEAVES** to weave between like cones



A **TREE** with low branches to limbo or duck underneath



A **STUMP** to jump on or over



A **LOG** like a balance beam



STICKS to run, skip or jump over, or crawl between



ROCKS big enough to jump from one to another

MY OBSTACLE COURSE MAP



Disney · PIXAR

INCREDIBLES 2

JUNE 15

#Incredibles2



@TheIncredibles



@PixarTheIncredibles



@TheIncredibles